

## *Ohana Karate*

### **“L2” Leadership Program**

*Congratulations and welcome to the “Level 2” (L2) portion of Ohana Karate’s “Leadership 3.0” program. We are extremely excited to bring the latest in success and leadership training to our community!*

*We strive to bring the very best success and leadership training to Ohana Karate. The “Leadership 3.0 program” is a very unique and special program designed to develop two of the most important skills needed even more today than even for success and happiness – peak performance and leadership! We will be teaching “adult level” personal improvement and success skills designed for older elementary and middle school children and their parents. (Our next level L3 program is designed for high school and adult level training. It will also include parenting skills workshops and a Parenting Academy.)*

*We have intentionally avoided placing any minimum age or belt level requirements on this program. Each student is different and will be evaluated for this program individually. This program is just a natural progression consistent with your track to advanced black belt. Just consider this your “undergraduate” level leadership training.*

*Selection to this unique program will be demanding and difficult. But, successful people will just do the things unsuccessful people will not do! You will need to prove you are the best of the best and that you deserve to be here! (We will be accepting a very limited number of candidates for each class. So if you do not get accepted the first time, keep applying for future classes). This will require your full commitment and the commitment of at least one of your parents.*

*The admissions process will involve completion of this application form, an essay, recommendation(s), then an interview with both of your parents. We are planning on enrolling a new “class” every school year. Deadline for submission of this application is September 23<sup>rd</sup> with interview to start on September 26<sup>th</sup>. The first session and kick-off will be October 7/8.*

***\*A commitment to attend ALL the sessions is required** (you will be allowed one excused absence during the eight month program) The “leadership seminar/workshops” will be held once a month from 6:00-7:30 on a Friday beginning in October. Graduation will be held in May. The attendance of every session by you and at least one of your parents is mandatory. The tuition for the program will be \$35/month added on to your current tuition for the eight month semester. You will get the privilege of wear the all red leadership program uniforms (included).*

*These additional optional programs will be available to you upon acceptance:*

1. **“STORM Team”** – This is where you get the opportunity to practice and apply what you have learned in the Leadership Seminars by acting as actual beginner “assistant instructors” in our regular classes. This is like your personal “leadership laboratory” where you can hone your new skills and really learn to lead others. You will assist in one class a week (right before or after one of your regular karate class). This will be available to you immediately and there is no additional cost for this program.
2. **“Certified Instructor Training”(CIT) Program** – For a select few (by invitation), this is the opportunity to become a professional instructor (or at least have the skills of one!) This is a special training track where we teach our highest level of leadership and communication skills with the chance of becoming a professional paid staff member at Ohana Karate! You will undergo a minimum of one 90 trial period program where you can work one entire evening of classes with pay and attend the regular monthly staff training meetings while being evaluated for final selection as a full staff assistant instructor. There is no additional cost for this program.
3. **“Ohana Karate Staff Instructor”** – A select few from the CIT program will be invited to join the Ohana Karate teaching staff as a paid professional “Assistant Instructor” (AI). These are the teens you see on the floor in the red and black uniforms! Join our elite team where you can live up to the extremely high standards and expectations of “Team Ohana”!

Thank you for applying to this exciting and empowering program. After submitting your application form, recommendation and essay I will contact you to set up your interview.

Always remember the principle of a black belt: **“I always do a little bit more than anyone expects!”**

Good luck, if selected I look forward to working with you! *Sensei*

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**Request for Admission to the Ohana Karate L2 Leadership Program**

I hereby submit my application to the leadership program:

Student Name \_\_\_\_\_ Age/Belt Color \_\_\_\_\_

School Name \_\_\_\_\_ Grade \_\_\_\_\_

Parents/Guardians (\*circle the parent(s) that will actively participate in the program with you, we welcome both parents!):

Name \_\_\_\_\_ Relationship \_\_\_\_\_

Name \_\_\_\_\_ Relationship \_\_\_\_\_

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**Schedule for the "Class of 2017"**

**\*Remember a requirement for this program is the commitment to attend all sessions (one excused absence will be permitted)**

Friday, Oct 7, 6:00-7:30: Parent only Orientation/Prep Session

Saturday, Oct 8, 6:00-8:00: Kick-off Session and Seminar #1

Friday, Nov 4, 6:00-7:30: Seminar #2

Friday, Dec 2, 6:00-7:30: Seminar #3

Friday, Jan 13, 2016, 6:00-7:30: Seminar #4

Friday, Feb 10, 6:00-7:30: Seminar #5

Friday, Mar 10, 6:00-7:30: Seminar #6

Friday, Apr 14, 6:00-7:30: Seminar #7

Friday, May 12, 6:00-8:00: Seminar #8 and Graduation Ceremony

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**For Parents/Guardians Only:** (Please circle one)

I am 100% committed to my child's success in this program?      Y      N

I ready to participate 100% and be “all in”? Y N

I am committed to making sure my child attends every single one of the above leadership seminars? (One excused absence will be permitted) Y N

I or both of us will attend and fully participate in every single one of the above seminars? Y N

I am willing to make sure I and my child complete all assignments and projects outside of class? Y N

**Please tell me “Why do you want your child in this program? What do you specifically want to get out of this for him/her? Why should we select your child over any of the other candidates?”** (please feel free to use a separate sheet of paper)

PARENT RECOMMENDATION

**PLEASE RATE YOUR CHILD IN THE FOLLOWING AREAS:**

<b>Attributes &amp; Abilities</b>	<b>Superior</b>	<b>Excellent</b>	<b>Good</b>	<b>Fair</b>	<b>Poor</b>	<b>Unable to rate</b>
<b>At home:</b>						
Respectful to <u>all</u> family members						
Does things the first time asked						
Does homework regularly with a good						



**Please attach your essay (minimum 500 words) addressing the following topics:**

- Why do I want to be in the L2 Ohana Karate Leadership Program?
- In your opinion: What is the most important skill/trait of a good leader?
- What is my biggest strength? What is my biggest weakness?
- What is my biggest fear?
- What is my biggest limiting belief?
- Where have I demonstrated leadership in the past and how?
- What are my major goals in life? What do you want to be when you grow up?
- The most important question: Why should I be selected over my fellow applicants?

### **Letter of Recommendation**

You will need to attach at least one letter of recommendation from an adult not related to you (please feel free to submit more than one recommendation)

### Student

I hereby request to be considered for the L2 Leadership Program at Ohana Karate and I am willing to use this opportunity to re-commit to the hard work and commitment needed to take my training and personal development/performance to the next level.      Y

N

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_

TEACHER RECOMMENDATION (Parent - please attach a copy of the last report card)

\*While we know you have just start school again, please go ahead and turn this into our new teacher in the first few weeks of school.

Name \_\_\_\_\_ is applying for admission to L2 level of the Ohana Karate Leadership Program. Their selection to the special program depends in part on their performance in school. They must be a “black belt” at the dojo, at home and at school.

**WE WOULD APPRECIATE YOUR HONEST AND CANDID  
RECOMMENDATION AND EVALUATION**

<b>Attributes &amp; Abilities</b>	<b>Superior</b>	<b>Excellent</b>	<b>Good</b>	<b>Fair</b>	<b>Poor</b>	<b>Unable to rate</b>
<b>Respect for teachers:</b>						
Courtesy & Respect for teacher/staff						
Focus & Self Control						
<b>Respect for Classmates:</b>						
Courtesy & Respect for classmates						
Works/Plays well with others						
<b>Effort &amp; Attitude:</b>						
Always tries their best						
<b>Academics:</b>						
Performs up to their potential						
Regularly/ appropriately contributes in class						

I recommend this student for admission to the L2 Leadership Program:    Y        N

Please feel free to add any information you feel is appropriate (on the back of this form).

Teacher Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Phone and e-mail address \_\_\_\_\_

School: \_\_\_\_\_